

# Mojave Wilderness Vision Fast

## Awakening the Inner Fire

May 9 – 19, 2012

I want to know  
if you know  
how to melt into that fierce heat of living  
falling toward  
the center of your longing.

-David Whyte



Since time immemorial, men and women have walked out into the wilderness to pray for vision and guidance. This time alone in the wild awakens the spark of inner knowing, providing sustenance for self and community. Spring, with its mysterious fire, brings the gift of life and regeneration. It is an ideal time to listen deeply for what needs to die and for what is aching to be born. The invitation of the Vision Fast is to carry an open heart, an empty belly and only the most essential gear. Find a dwelling place among the rocks, sun, stars, and wind for four solitary days and nights. It is an opportunity to peer into your deepest nature, cultivate intent, and consider your relationships with loved ones and wider community. The wild landscape will mirror to you truths about your passions, grief, longing, and gifts. Come join us, step into a life of great heart and meaning — it is yours — it awaits you.

*This is an eleven-day mixed gender ceremony and will include four days of preparation with day walks, meditation, four shields teachings, and time in a wisdom circle of friends to crystallize your intent. The four days and nights of solo time in a wilderness place will be followed by three days of incorporation, including storytelling in an elder's council. Your story will be shared, and the claiming of your intent will be deeply witnessed and confirmed by your guides. You will be thoroughly prepared by your guides to live in the wilderness: physically, psychologically, mentally, and spiritually. While some camping/backpacking experience is helpful, no prior experience in wilderness rites of passage is necessary.*

**Mojave National Preserve, Southern California**

**May 9th – 19th, 2012**

**\$950. (partial scholarships available)**

**A non-refundable \$200 deposit is required by May 2nd.**

*A payment schedule may be arranged by prior agreement.*

**For more information and registration, please contact either**

• Cynthia [\(415\)221-6373](tel:4152216373) [cynthia@earthways.info](mailto:cynthia@earthways.info) or

• Roy [\(510\)469-4415](tel:5104694415) [roy@earthways.info](mailto:roy@earthways.info) or

**go to [www.earthways.info](http://www.earthways.info) for more information**

**32 CEUs available for LMFTs and LCSWs (Provider #2738)**

**Cynthia Morrow**, MA, MFT, is a seasoned psychotherapist, a wilderness rites of passage guide, and a biodynamic craniosacral practitioner. Her work is devoted to bringing the passionate, embodied soul of wild nature into our lives for deep healing, inner strength, and whole-heartedness. She has trained and guided with the School of Lost Borders and is certified in Wilderness First Aid. Her web address is [www.natureofsoul.com](http://www.natureofsoul.com).

**Roy Remer** is the volunteer manager/facility manager at Zen Hospice Project in San Francisco. He has served as a hospice caregiver for over 14 years. In 2008 he completed the Metta Institute's year long End-of-Life Caregiver Training. Roy has trained with the School of Lost Borders and leads wisdom circle and solo walk programs in nature.