

Grief as a Rite of Passage

Sunday, April 8, 8am-4:30pm

Ocean Song Farm and Wilderness

\$125

4 CEU's MFT & LCSW (provider #2738)

*Ending their flight,
one by one, crows in the
autumn dusk.*



This DayQuest will be an occasion to view grief through the lens of the natural landscape. Walking, or sitting quietly amidst the beautiful Sonoma coastal hills, we invite you to open to what nature has to teach about loss and the response to loss. Together we will also look at the essential stages of any rite of passage--severance, threshold experience, and incorporation--as a path toward understanding the process of grief. Since loss in its many forms is a common human experience, this is a program for anyone. Time will be spent sitting in council circle as well as solo time upon the land.

Roy Remer is a member of EarthWays since 2009, and is the Volunteer Manger/Facility Manager at Zen Hospice Project in San Francisco. He has been sitting at the bedside of the dying for over 14 years. To contact Roy: 510-469-4415 or roy@earthways.info

Susan Kistin, MFT, has been leading nature-based programs through EarthWays for 10 years. She has trained with Hospice, been a caregiver to the dying, navigated her own personal grief and assisted many people through loss and transition. To contact Susan: 707-823-1319 or susan@earthways.info

To Register: admin@earthways.info or contact Susan or Roy
www.earthways.info