

Grief and Gratitude: A Circle for Sorrow and Celebration

Wednesday nights, 6:30-9pm

September 12, 19 & 26

Central Sebastopol

\$50 for Series

7 ceu's MFT/LCSW; provider #2738; \$10 fee



When we mourn what we have lost, we may also feel an appreciation of how precious this life is. The cycles of the seasons show us that the cold winter is always followed by the rebirth in spring...so can the pain of grief open us to the tender places of love and thankfulness in our hearts. In this circle we'll pass the talking piece, have the opportunity to speak authentically about our experience and listen "devoutly" to one another as we share the stories of our loss. In this healing, community environment we'll light candles to honor our grief as well as our gratitude; if you wish, bring photos or other items that represent your unique loss and gratitude for the altar.

Susan Kistin, MFT, has been a guide, consultant & impassioned practitioner of council circle for over ten years. She has seen circle be a consistently powerful force for connection, healing, and community building. Susan has trained with Hospice, been a caregiver to the dying, and navigated her own personal loss, as well as assisted friends and clients through grief and transitions of many kinds. She is co-founder of EarthWays.

***TO REGISTER: Contact Susan at: 707-823-1319 or susan@earthways.info
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