



Entering the Circle of Elders

A Day in Nature for Seasoned Women

Come! Join together in council circle with other seasoned women. We'll be compassionate witnesses to one another and as we share our individual stories we'll reap the depth of our collective wisdom. The earth-based wheel of life will inform us about the ways we belong to the world and what is most important to us at this time in our lives. Support and empowerment will be our way as we spin gold out of our life experiences and weave together our unique and shared ways of being the older, vital women we truly wish to be!

Sunday Aug 26, dawn to 4pm

Prep meeting Saturday Aug 25, 5-6:30 pm

Fairfield Osborn Preserve in Sonoma County

Saturday Oct 13, dawn to 4pm

Prep meeting Friday Oct 12, 5-6:30 pm

Private land near Ukiah in Mendocino County

\$90 plus \$10 day use fee

5 CEUs MFT/LCSW; provider #2738; additional \$10 fee

To register: admin@earthways.info or www.earthways.info

Susan Kistin, MFT, is intrigued by what it means to enter elderhood in a soulful way. As co-founder of EarthWays, she is a devoted carrier of Council Circle, a guide in rites of passage and a spirited designer of ceremony. Susan maintains a private psychotherapy practice in Sebastopol with an emphasis on eco-therapy and she can be reached at 707-823-1319 or susan@earthways.info.

Margo Frank, LCSW, is passionately engaged in her own aging process, drawing from a deep well of creativity, authentic movement work and nature's wisdom for inspiration. Through Crossing into Elderhood programs, she offers elder council circles and life coaching to those anticipating or entering their later years. She can be reached at 707-462-1877 or margo@margofrank.com. Visit her website at www.CrossingIntoElderhood.com.